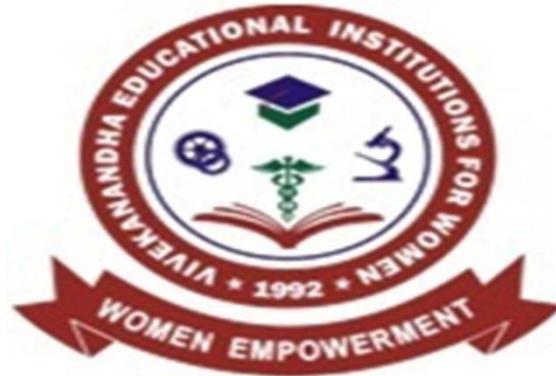


# VIVEKANANDHA

## Arts and Science College for Women

(Affiliated to Periyar University, Recognized u/s 2(f), 12(B) UGC act of 1956)

VEERACHIPALAYAM, SANKARI, SALEM -637303



### DEPARTMENT OF NUTRITION & DIETETICS

### “NUTRIGALAXY CLUB”ACTIVITY - II

### “EATING RIGHT FOOD TO PREVENT BLINDNESS”



**LIVE RIGHT, SAVE SIGHT**

1<sup>st</sup> AUGUST– 2019



**VITAMIN –A RICH TRADITIONAL FOODS FOR RURAL PEOPLES**



**STUDENTS EXPLANATION ON THE VISION CYCLE USING MODEL**



**STUDENTS DISCUSSION ON VITAMIN-A ABSORPTION TO THE BODY**



**OUR STUDENTS INTERACTION WITH THE DEPARTMENT STUDENTS ABOUT NATURALLY OBTAINING VITAMIN-A RICH FOODS**



**TYPES OF VISION PROBLEMS**